

Day Time Activity Meeting Place

The Lodges at Eagles Nest Great Camp

Our high-altitude playground is the site for such activities as ultimate Frisbee, softball, horseshoes, beach volleyball, climbing tower, children's playground, disc golf course, family kickball, hiking trails, ropes course, barbecue lunch in the Pavilion on Saturday's and Sunday's, massages at the Tee-Pee Village and Spa, tree house library, and the Heart Rock Amphitheater. The recreational director and Concierge will help guide you through the many outdoor adventures at this amazing site.

Monday	9:00 am – 4:30 pm	Sporting Equipment Rental	Toy Barn
	9:00 am – 12:30 pm	Vita Course	Toy Barn
	12:30 pm – 1:30 pm	Break for Lunch	Pack a Picnic Lunch
	1:30 pm – 4:30 pm	Herb Garden	Herb Garden
	4:30 pm – 5:00 pm	Sporting Equipment Rental Return	Toy Barn
Tuesday	9:00 am – 4:30 pm	Sporting Equipment Rental	Toy Barn
	9:00 am – 12:30 pm	Vita Course	Toy Barn
	12:30 pm – 1:30 pm	Break for Lunch	Pack a Picnic Lunch
	4:30 pm – 5:00 pm	Sporting Equipment Rental Return	Toy Barn
Wednesday	9:00 am - 4:30 pm	Sporting Equipment Rental	Toy Barn
	9:00 am – 12:30 pm	Vita Course	Toy Barn
	12:30 pm – 1:30 pm	Break for Lunch	Pack a Picnic Lunch
	1:30 pm – 3:30 pm	*Archery	Toy Barn
	4:30 pm – 5:00 pm	Sporting Equipment Rental Return	Toy Barn
Thursday	9:00 am – 4:30 pm	Sporting Equipment Rental	Toy Barn
	9:00 am – 12:30 pm	Vita Course	Toy Barn
	12:30 pm – 1:30 pm	Break for Lunch	Pack a Picnic Lunch
	1:30 pm – 4:30 pm	Herb Garden	Herb Garden
	1:30 pm – 3:00 pm	*Climbing Tower	Toy Barn
	4:30 pm – 5:00 pm	Sporting Equipment Rental Return	Toy Barn
Friday	9:00 am - 4:30 pm	Sporting Equipment Rental	Toy Barn
	9:00 am – 12:30 pm	Vita Course	Toy Barn
	1:30 pm – 2:30 pm	Break for Lunch	Pack a Picnic Lunch
	1:30 pm – 3:00 pm	*Climbing Tower	Toy Barn
	4:30 pm – 5:00 pm	Sporting Equipment Rental Return	Toy Barn
Saturday	9:00 am – 4:30 am	Sporting Equipment Rental	Toy Barn
	9:00 am – 12:00 pm	Herb Garden	Pavilion
	11:00 am – 12:00 pm	Guided Hike to Ropes Bridge	Pavilion
	12:00 pm – 2:00 pm	*Barbecue Lunch	Pavilion
	2:30 pm – 4:30 pm	Family Friendly Kickball Game	Toy Barn
	4:30 pm – 5:00 pm	Sporting Equipment Rental Return	Toy Barn
Sunday	9:00 am – 4:30 am	Sporting Equipment Rental	Toy Barn
	9:00 am – 12:00 pm	Herb Garden	Pavilion
	10:00 am – 1:30 pm	Self Guided Hiking	Pavilion
	12:00 pm – 2:00 pm	*Hamburgers and Hotdogs	Pavilion
	2:30 pm – 3:30 pm	*Archery	Toy Barn
	3:30 pm – 4:30 pm	*Climbing Tower	Toy Barn
	4:30 pm – 5:00 pm	Sporting Equipment Rental Return	Toy Barn



Be a Smart Hiker

Bridge Trail – Yellow Blaze

Moderate to difficult with changes in elevation. Most direct route to Ropes Course and links with Blue and Red Trails..1 mile to Ropes Course

Gorge Trail – Red Blaze.

Most strenuous trail with lots of boulders and rocks and changes in elevation. Access to Ropes Course and Campsite. Campsite .3 miles

Boulder Trail – Blue Blaze.

Easiest trail following creek bed until it merges with yellow trail. Access to Ropes Course, Waterfall, Red Trail, lower Gorge Trail and Future Hotel site.

Eagles Nest Hikers, please...

Follow trail blazers to stay on track

Read signage and follow rules for Ropes Course

Wear comfortable hiking shoes and clothing

Bring a backpack with water, snacks, first aid, bug spray, and sunscreen

Allow enough time to exit before dark

Pack it in and pack it out. Please leave no trace of your hiking adventures.

Questions or concerns please contact our Recreational Director, Nick Kladny at 724.991.1098



The Lodges at Eagles Nest Vita Course

Eagles Nest has always been a place to grow young by promoting a healthy lifestyle. A healthy lifestyle would not be complete without fitness and good physical conditioning. We encourage you to enjoy the Eagles Nest Vita Course and exercise program.

Daily, we will be meeting at the Toy Barn at 9:00 a.m. where the fun and fitness begins.

We will start with a one mile run or walk around the Great Camp loop. Following our cardio workout we will turn our attention to building and toning our muscles on the Vita Course. The Vita Course's unique stations build muscle by adding a twist to basic workouts such as push-ups, squats, pull ups, dips, sit ups, jump rope, and other workout staples

Adventure Pricing

Archery	\$10.00 per Member / per hour \$15.00 per Guest / per hour
Climbing Tower	\$5.00 per Member / per hour \$10.00 per Guest / per hour
Mountain Biking	\$20.00 per Member / per day \$25.00 per Guest / per day
ATV Rental	\$25.00 per Hour / Member \$175.00 Daily Member Rate (10:00 – 5:00 pm) \$50.00 per Hour / Guest \$250.00 Daily Guest Rate (10:00 – 5:00 pm) **Must be over 21 years of age to drive **Drivers license and credit card required
Saturday Guided Hike and Lunch	\$ 10.00 per person
Sunday Lunch	\$10.00 per person



Notes

Great Camp Operational Hours
Monday thru Sunday
9:00 am – 5:00 pm

Activities are weather dependent

All activities require a completed waiver before participation

We encourage the use of our sporting equipment.
To continue this privilege, please use our checkout and check in procedures and return all sporting equipment in the same condition as when you checked it out.

Dressing appropriately will enhance your experience.
Be prepared. Wear comfortable shoes, bring bottled water and snacks, sunscreen, and bug spray.

Lunch is done offsite Monday thru Friday
or
feel free to pack a picnic and dine at the Pavilion

Let your Recreational Director or Concierge know your interests so you can have the best possible experience.